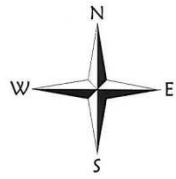




I Grow in Grandad's Garden

by Brian Andrew & Ellie
illustrations by Banx



Think & Thank Seat

Leopard Tree

Bougainvillea

Grandad's House

Dream Table

Garden Shed

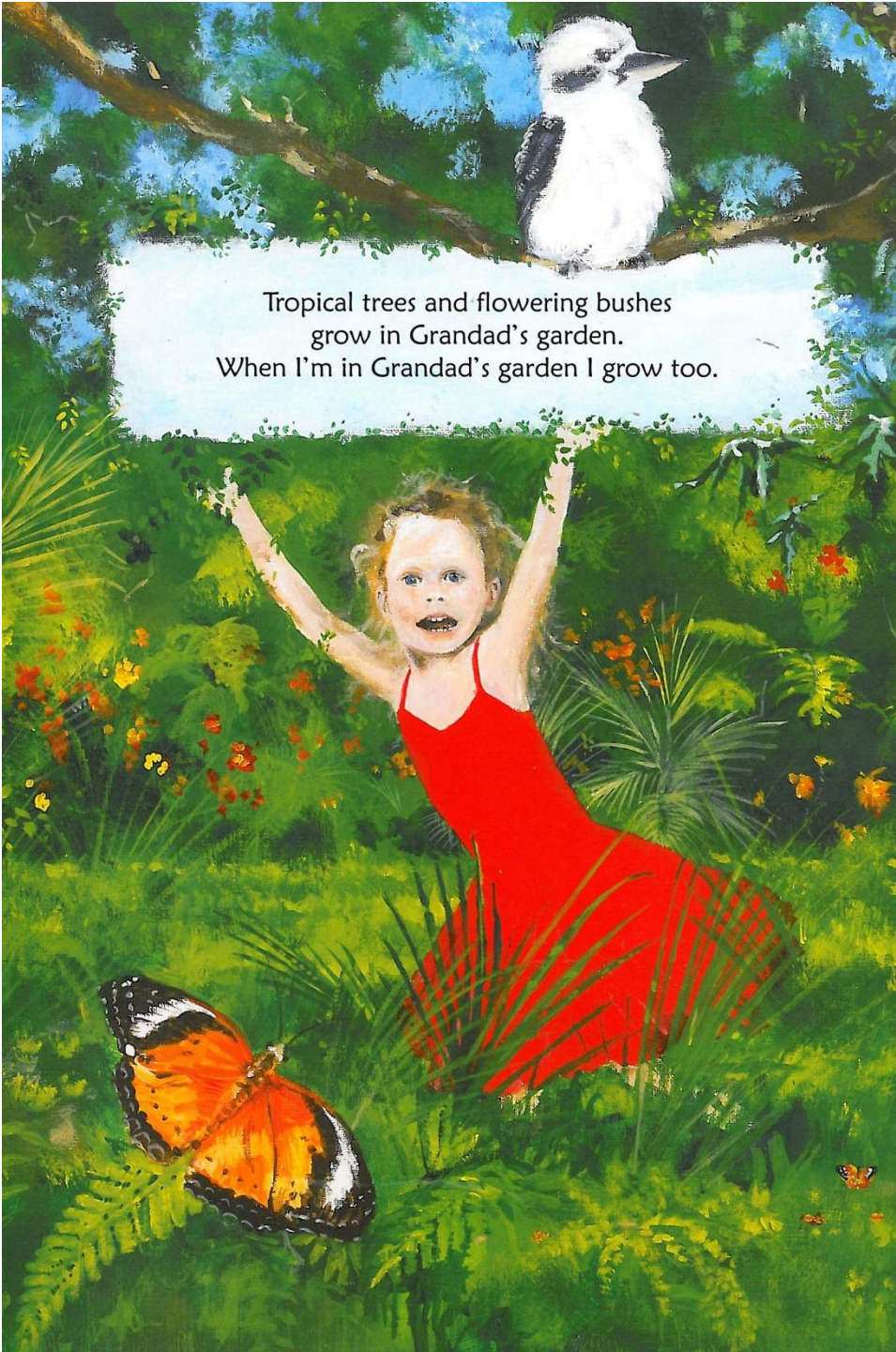
Let Go Log

Sandy Beach

Swings

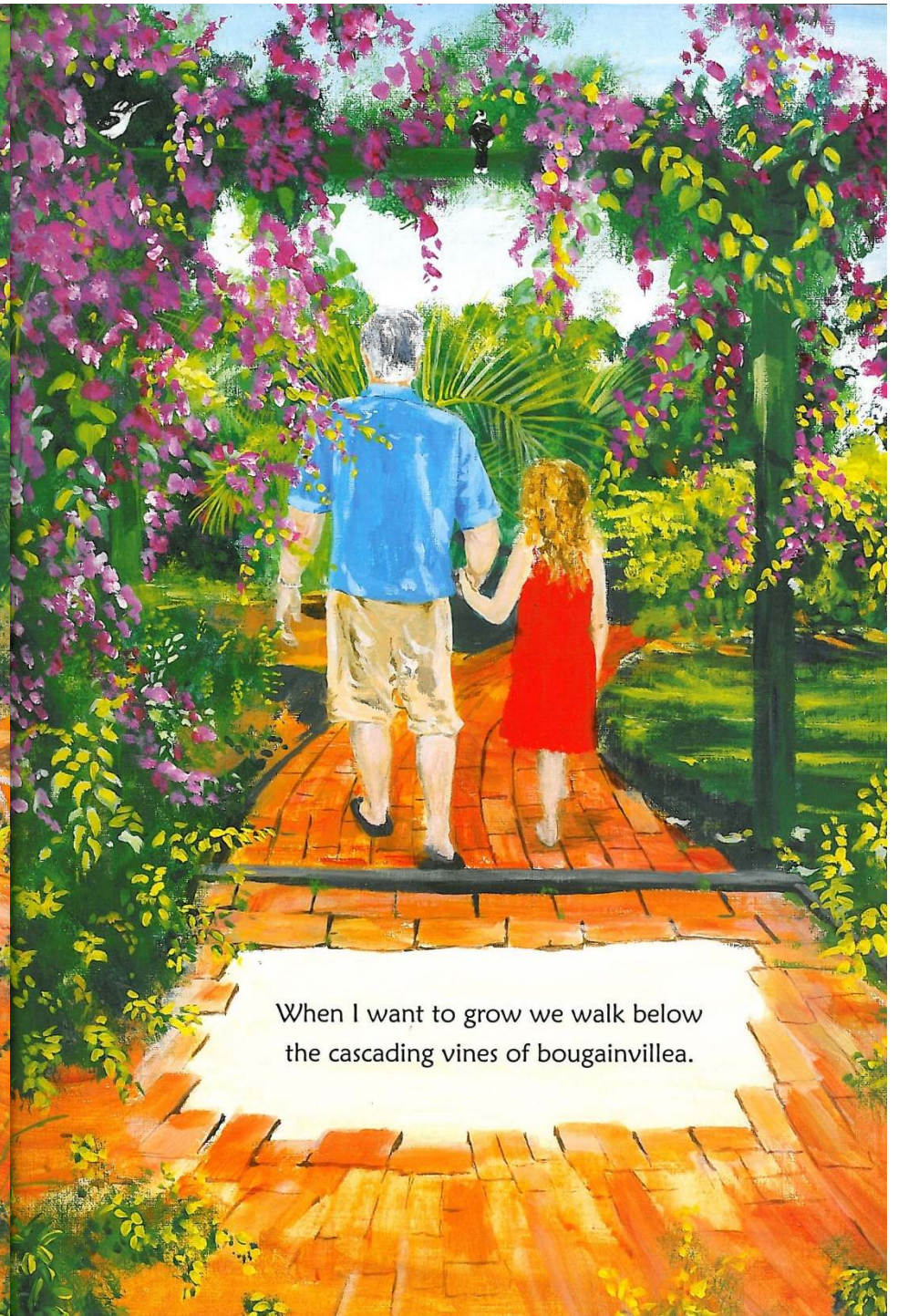
Cross Over Corner

Let's join Ellie and her Grandad as they take a growing journey through Grandad's Garden.



Tropical trees and flowering bushes
grow in Grandad's garden.
When I'm in Grandad's garden I grow too.





When I want to grow we walk below
the cascading vines of bougainvillea.

We sit on the 'Think and Thank' seat.

First, we listen. We hear wind in the trees and
chattering lorikeets.

Sometimes we hear kookaburras laugh.

After a while you have more room in your head.
Grandad says that's what peace is.

He says now is a good time to say thank you.

I say thank you for my mum and dad, my brother and sister,
my toys and clothes and our holidays at the beach.

When I say thank you I feel good inside.

What can you say thank you for?



Grandad always says
thank you that
we live in Australia because it is
one of the brightest and happiest
countries in the world.

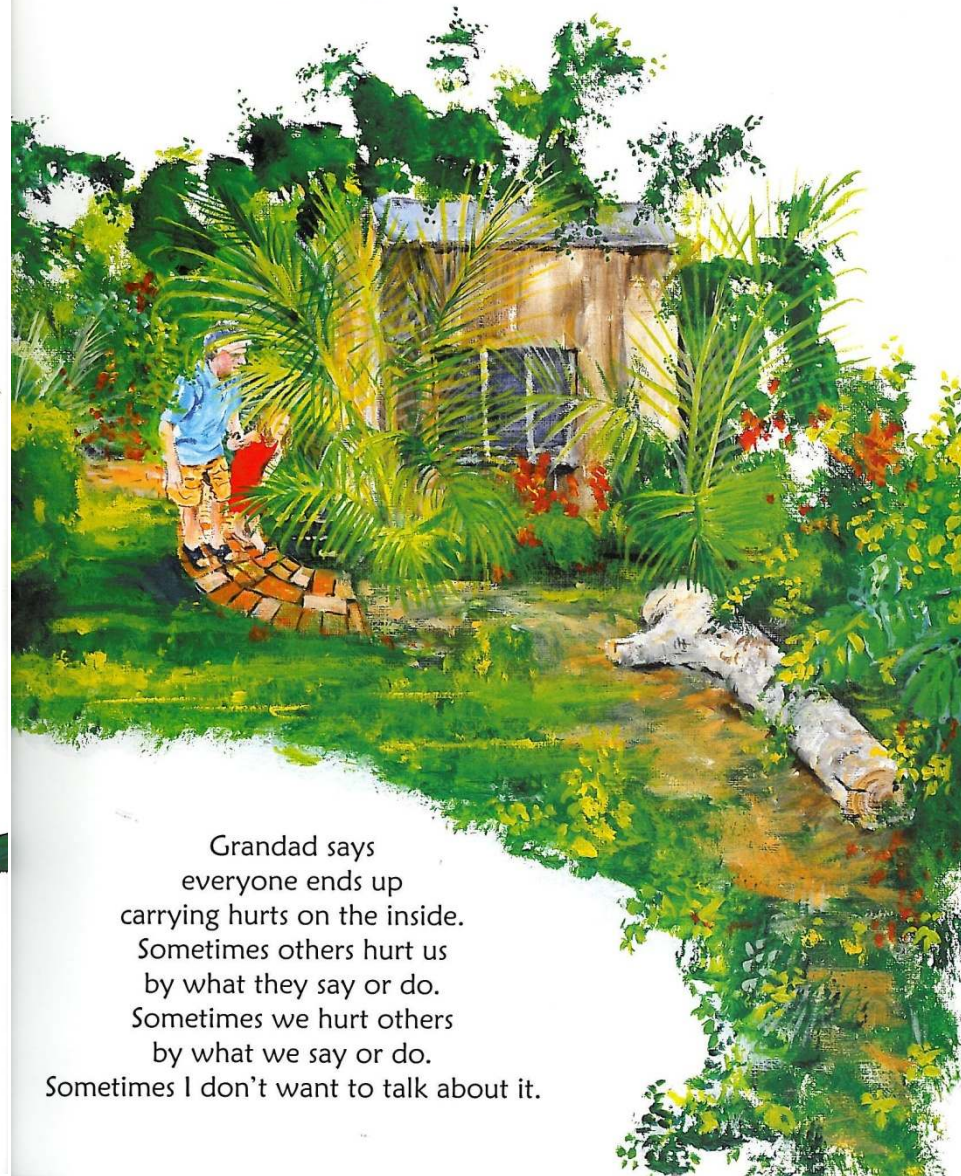


We hear the screech of the big white cockatoos
as we head down the garden path.

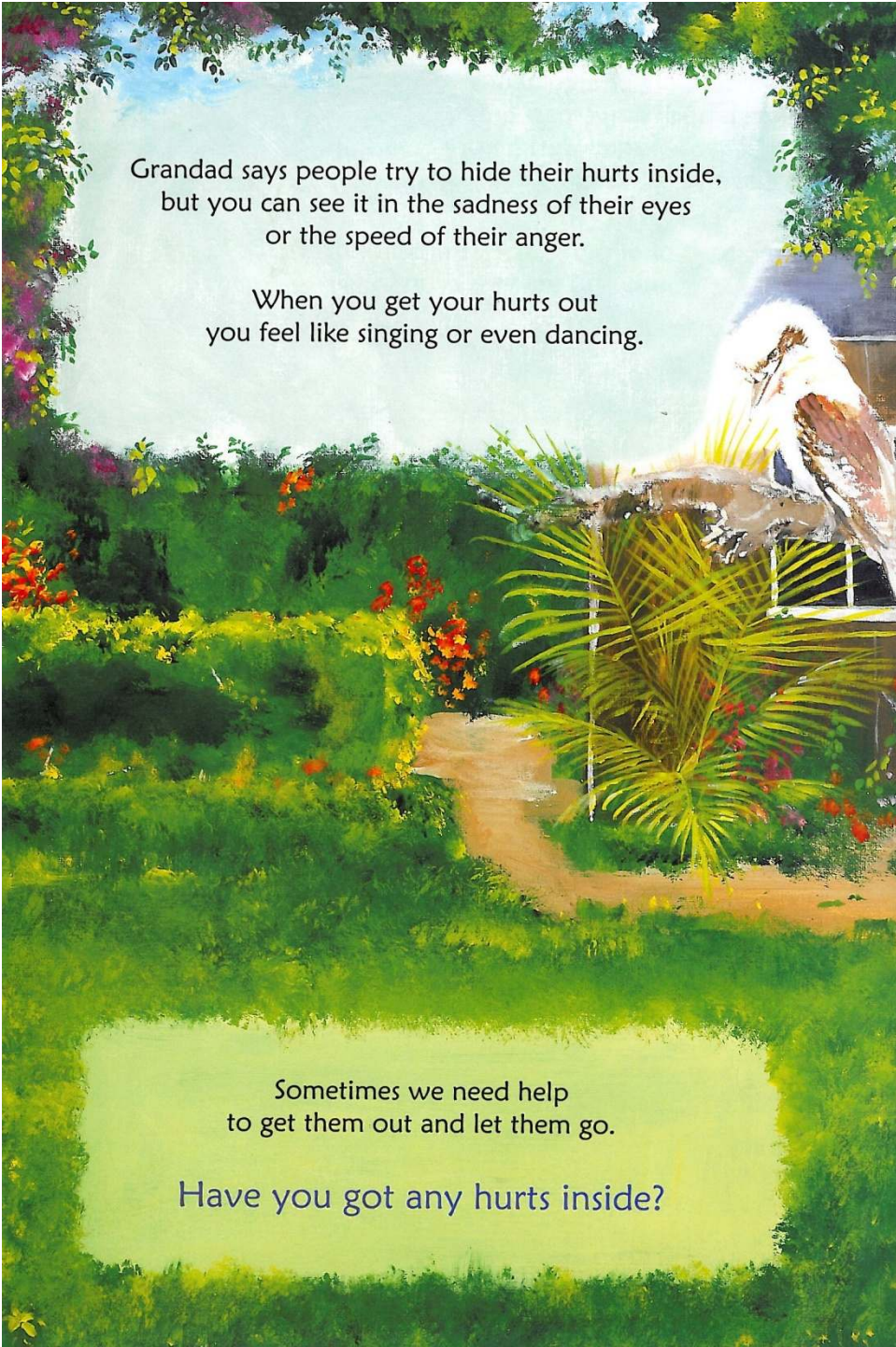
Grandad thinks they screech so loud because
they know they are beautiful,
and they want everyone
else to know too.



We duck under a golden
cane branch as we pass the
tired old garden shed. Just before
we head into the rainforest, we sit on the
'Let go Log'.



Grandad says
everyone ends up
carrying hurts on the inside.
Sometimes others hurt us
by what they say or do.
Sometimes we hurt others
by what we say or do.
Sometimes I don't want to talk about it.




Grandad says people try to hide their hurts inside,
but you can see it in the sadness of their eyes
or the speed of their anger.

When you get your hurts out
you feel like singing or even dancing.

Sometimes we need help
to get them out and let them go.

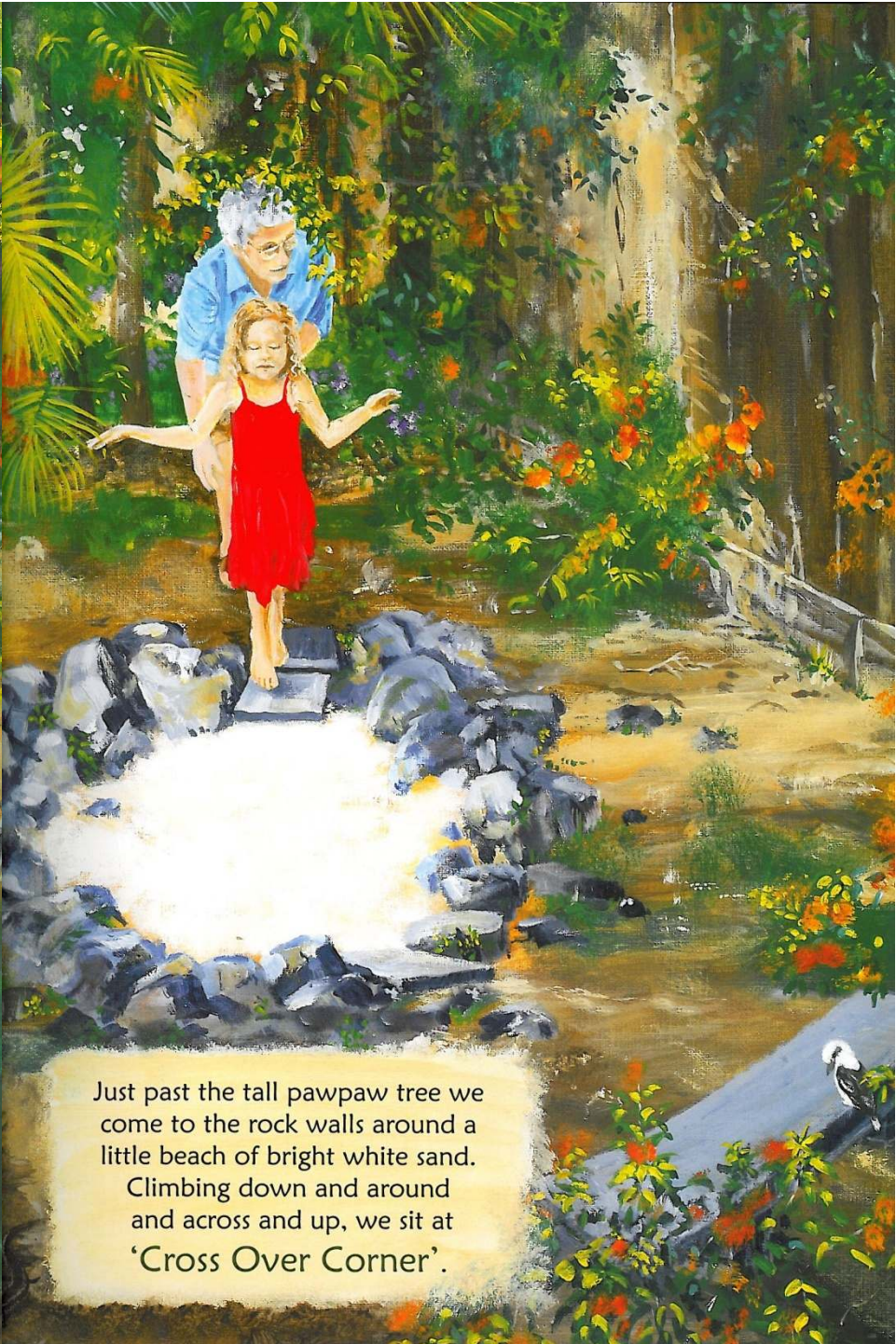
Have you got any hurts inside?






Grandad planted lots of grevillea bushes and lilly pilly trees for the birds and butterflies. They love the bright, sticky flowers and the shiny, red berries.


When we walk through Grandad's rainforest trail we see skinks running away, and sometimes a blue tongue lizard lying in the sun.



Just past the tall pawpaw tree we come to the rock walls around a little beach of bright white sand. Climbing down and around and across and up, we sit at 'Cross Over Corner'.



Grandad asks me if there's anything coming up
that makes me worried or afraid
like when I start school or begin something new.



He says when we take a step towards something new
courage fills our heart.

He says if we wait for courage to come to us,
we'll be waiting a long time.

Grandad says if we think we can't do new things
we probably won't.

But if we think we can, we probably will.

He says we will never know if we don't give it a go.

Is there anything coming
your way that you'll need
extra courage to do?





I run across the grass to the swing. I want Grandad to push me higher. He says if he pushes me any higher he might never find me again.

Grandad says let's go to the 'Dream Table'.
I run ahead of him and sit at the round table.





I look across the pool and high up
to the tiny leaves of the leopard tree.

Grandad says we were designed to dream and that
seeds of dreams are put into the soil of our heart.

He says good dreams are about
growing, going and giving.

Even though most of his hair is grey,
he still has lots of dreams.

Grandad asks me what my dreams are.

I tell him I want to be a nurse and a dancer.

He says we need to feed our dreams
by remembering them and taking
small steps toward them.

What are your dreams?





When I walk and talk with Grandad
my heart sings!



That's how
I grow in
Grandad's garden.

Grandad's Garden Quiz

- 1) How many kookaburras can you count?
- 2) See if you can find the 'hidden' Southern Cross
- 3) What are the four 'stop spots' in Grandad's Garden?
 - the Think and _____ Seat
 - the Let ___ Log
 - the Cross _____ Corner
 - the _____ Table
- 4) Who laughs?
- 5) Who chatters?
- 6) Who screeches?
- 7) Who runs away?
- 8) Who is lying in the sun?
- 9) Where is Grandad's Garden?
- 10) How many kangaroos can you count?



(Answers over the page)

Ellie and her Grandad in his Yeronga garden.



Think & Thank Seat



Let Go Log



Cross Over Corner



Dream Table

For parents, grandparents and teachers.

When you pass on good values to your children you are setting them up for a life of success and significance. I Grow in Grandad's Garden:

- helps you pass on four of the best.
- helps you discover what makes your children, grandchildren or students happy, sad, afraid and excited.
- helps you get closer to your children and grandchildren.
- helps you develop communication skills with your children and grandchildren.
- offers an idea you can reproduce in your home, garden or classroom.

Take a look at www.grandadsgarden.com.au to discover how you can develop your own growth trail inside your home, outside in your garden or in the classroom.

Titles to come in the 'Grandad's Garden' series include 'I Grow in Grandad's Garden at Night', 'What's that in Grandad's Garden?' and 'Grandad's Garden Shed'. 'Growing in Grandad's Garden for Couples' (for grown ups) is also on the drawing board.

To order more copies of 'I Grow in Grandad's Garden' go to
www.grandadsgarden.com.au

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(Grandad's Garden pool is fenced)

Answers to Grandad's garden quiz:

- | | | | |
|--------------|--------------------------|---------------------------|-----------------------|
| 1) 16 | 2) It's on the last page | 3) Thank, Go, Over, Dream | 4) Kookaburras |
| 5) Lorikeets | 6) Cockatoos | 7) Skinks | 8) Blue Tongue Lizard |
| | | 9) Queensland | 10) 4 |